

Beth amdanoch chi?

Amser ar eich dwylo?

Mae llawer o fudiadau gwirfoddol angen recrwtio gwirfoddolwyr a staff sy'n siarad Cymraeg neu sy'n dysgu Cymraeg er mwyn medru cynnig dewis iaith real, cynyddu mynediad ac ehangu eu hapél.

Mae angen mwy o wirfoddolwyr dwyieithog

Os ydych chi'n barod i wirfoddoli, cysylltwch â Chynllun Estyn Llaw am fwy o wybodaeth. Cewch fanylion am eich Biwro Gwirfoddoli Lleol ynghyd â chyfleoedd gwirfoddoli eraill

Many voluntary organisations need to recruit more staff and volunteers who speak Welsh or are willing to learn in order to offer a real language choice, increase accessibility and widen their appeal.

More bilingual volunteers are needed

If you are interested in becoming a volunteer, contact the Estyn Llaw Scheme for further information. We can put you in touch with your local Volunteer Bureau and other volunteering opportunities

Am fwy o wybodaeth/for further information

Cynllun Estyn Llaw Scheme

Ffôn/Tel: 0800 9177 969 Ffacs/Fax: 01970 820869
Fbost/Email: ymhol@estynllaw.org www.estynllaw.org

Beth am estyn llaw i fudiadau lleol?



How about lending local organisations a hand?



What about you?

Time on your hands?

Beth yw Cynllun Estyn Llaw?

Prosiect a noddir gan Lywodraeth Cynulliad Cymru i weithredu yn y sectorau gwirfoddol a chymunedol er mwyn datblygu dwyieithrwydd, a gwella ansawdd.

Mae ymchwil yn dangos pa mor bwysig yw gallu cynnig dewis iaith wrth ddarparu gwasanaethau a gweithgareddau i'r cyhoedd.

Cynorthwyo mudiadau lleol

- Ydych chi'n chwilio am gyfle i helpu'n lleol?
- Oes gyda chi ychydig o amser i'w sbario?

Mae pob math o fudiadau gwirfoddol lleol a chenedlaethol byddai wrth eu bodd yn clywed oddi wrthoch chi – mae nhw'n chwilio am bobl fel chi sy'n siarad Cymraeg ac sy'n barod am sialens.



Beth am roi cynnig ar wirfoddoli?

“Mae'n gyfle i fynd allan a chymdeithasu a bod yn rhan o bethau. Mae'n creu teimlad o berthyn, ac mae'n gyfle i gwrdd â phobl a chyfrannu at rywbeth er lles eraill.”

“Mae'n gyfle i ennill sgiliau a phrofiadau gwerthfawr all fod o help i chi wrth i chi chwilio am swydd.”

“Mae pob math o gyfleoedd ar gael; gweithio gyda phobl, helpu'r amgylchedd, gwaith gweinyddu, ymgyrchu - a chi sy'n penderfynu faint o amser allwch chi roi.”

What is the Estyn Llaw Scheme?

It's a project sponsored by the Welsh Assembly Government operating in the voluntary and community sectors in order to develop bilingualism and promote good practice.

Research shows the importance of being able to offer language choice when providing services and activities for the public.

Assisting local organisations

- Are you looking for an opportunity to help your local community?
- Do you have a few hours to spare?

There are all kinds of local and national voluntary organisations who would love to hear from you – they're looking for people like you who are able to speak some Welsh or are willing to learn and are ready for a challenge.



How about giving volunteering a go?

“It's an opportunity to go out and socialise and be a part of things. It gives you a sense of belonging; it's a way of meeting people and offering something of benefit to others”

“It's an opportunity to gain valuable skills and experience that can help you when you are looking for a job.”

“There are all kinds of opportunities out there; working with people, helping the environment, administrative work, campaigning - and it's up to you to choose how much time you want to commit.”